

A Woman's Weekend Retreat

To Connect To Your Soul's Wisdom **REST • RENEW • REMEMBER**

While we explore the story of the...

Sealskin Soulskin

Exploring the theme of how women sometimes lose themselves and must find their way back home... to their true home... their soul-home.

- Reconnect to your depths
- Awaken your creativity
- Discover the next step on your life path

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March 20, 21, and 22 2020

(Friday 5pm thru Sunday 4pm)

Scotia House Retreat Center in Newport, Washington

\$129-\$189 (Sliding scale) plus \$70 for 2 nights lodging (\$100 private room)

Weekend includes: storytelling, authentic movement, expressive arts, dreamwork, and community.

PLEASE RESERVE YOUR SPACE NOW!

509-447-2693 or 208-597-5728



Colleen Russell, MATP

is a transformational/creativity coach with a Masters in Transpersonal Psychology. She is trained in creative art therapy, life coaching, storytelling, dreamwork, Neuro-linguistics, and is a graduate of a three-year Jungian based BodySoul Rhythm Leadership program. She is co-author of *Overcomers, Inc. Stories of Hope, Inspiration and Courage*, and is published in the 2010 issue of *Sage Woman Magazine*.



Sandee Meade

is the director of Scotia House. She received training as a spiritual director at Gonzaga University and is a member of Spiritual Directors International. She has facilitated "A Course in Miracles" study groups for 27 years. She is a poet and a bodhran player.

<http://scotia.clublogs.org>